



LEAF IT TO TEA

Santhi Serad

Key Points

- *Leaf It to Tea* explores the fascinating world of Indonesian tea, and the nation's equally rich traditions of herbal beverages and tonics.

Book Description

The rain-watered, sun-drenched highlands of Indonesia are ideal for growing top-quality tea. Since the establishment of the first tea plantations in the seventeenth century, Indonesians have developed intriguing tea-drinking rituals – many still followed in the present era – and created unique and exotic tea-based beverages. Instructions for brewing the perfect cup of tea, and recipes for preparing delicious, soothing, and healthful herbal beverages, will enable the reader to experience the wonders of Indonesian tea in their own home.

About the Author

Santhi Serad has a great understanding of how Indonesian herbal remedies have helped address Indonesia's health problems for generations. Santhi has won numerous research awards, starting when she since she was still studying in the Animal Sciences Faculty at the Diponegoro University in Semarang, Java.

Cookbooks from Afterhours

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9786027128477 *Leaf it to Tea*

9786029571714 *Jakarta Bites*

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